STUTSMAN COUNTY BEHAVIOR RISK FACTORS

STUTSMAN COUNTY BEHAVIOR RIS	1	
	Stutsman County 2006	ND 2006
	%	%
	(95% CI)	(95% CI)
Activity Limitation and Quality of Life		
Percentage who reported a limitation in any activities due to an impairment	16.3	15.3
or health problem.	(12.8-19.8)	(14.1-16.5)
Percentage who reported 8 or more days in the past 30 when their physical	12.5	10.6
health was not good.	(8.9-16.2)	(9.4-11.7)
Percentage who reported 8 or more days in the past 30 when their mental	9.2	9.5
health was not good.	(5.5-12.9)	(8.2-10.8)
Percentage who reported 8 or more days in the past 30 when their physical	5.0	5.4
or mental health keep from usual activities.	(3.2-6.9)	(4.4-6.3)
Alcohol Use		
Percentage who reported heavy drinking (>2/day for men, >1/day women).	3.4	4.4
	(1.7- 5.1)	(3.5-5.4)
Percentage who reported five or more drinks (men) or four or more drinks	17.2	21.0
(women) on one occasion at least once in past month.	(12.8-21.7)	(19.2-22.8)
Asthma		
Percentage age 18 and older who report ever having been told by a doctor,	11.5	10.3
nurse or other health professional that they had asthma.	(7.7-15.4)	(8.9-11.7)
Percentage age 18 and older who reported current asthma.	8.2	7.1
	(4.8-11.7)	(5.9-8.2)
D (1711 171 17	·	10.1
Percentage of children with ever asthma	7.8	10.1
D	(3.5-12.1)	(8.1-12.2)
Percentage of children with current asthma	6.4	7.3
	(2.4-10.4)	(5.6-9.1)
Colorectal Cancer Screening		
Percentage age 50 and older who reported that they have not had a fecal	70.9	78.0
occult blood test in the past two years.	(64.9-76.8)	(76.2-79.9)
Percentage age 50 and older who reported that they have not a	50.6	54.8
sigmoidoscopy or colonoscopy in the past five years.	(43.6-57.6)	(52.6-57.1
Percentage age 50 and older who reported that they have never had a	40.4	43.5
sigmoidoscopy.	(33.4-47.3)	(41.3-45.8)

Diabetes		
Percentage who reported that they had ever been told that they had diabetes,	6.9	6.7
except during pregnancy only.	(4.5- 9.4)	(5.9- 7.5)
Health Care Access		
Percentage who reported no health insurance or other health care coverage.	9.8	11.6
	(6.3-13.2)	(10.2-13.0)
Percentage who reported being unable to see a doctor due to cost one or	7.1	7.6
more times during the past 12 months.	(4.6- 9.5)	(6.5- 8.7)
Percentage who reported that they did not have one person that they	13.2	24.5
considered to be their personal health care provider.	(9.5-17.0)	(22.6-26.3)
Health Status		
Percentage who reported that in general their health was fair or poor.	12.3 (9.3-15.4)	11.5
		(10.3-12.6)
Heart Attack and Stroke		
Percentage who reported ever being told by a doctor, nurse or other health	4.9	4.0
professional that they had had a heart attack or myocardial infarction.	(2.7-7.0)	(3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health	3.6	4.0
professional that they had angina or coronary heart disease.	(2.1- 5.2)	(3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health	1.4	2.0
professional that they had had a stroke.	(0.4-2.4)	(1.6- 2.4)
Percentage who report heart attack, heart disease or stroke.	7.3	7.0
	(4.8- 9.8)	(6.3- 7.8)
Immunization		
Percentage age 65 and older who reported that they had not had an influenza	35.7	28.4
vaccine within the past 12 months.	(26.7-44.6)	(25.6-31.3)
Percentage age 65 and older who reported that they had never have a	26.3	30.6
pneumococcal vaccine.	(17.7-34.8)	(27.6-33.6)
Injury Control		
Percentage who reported that they did not always use a seatbelt.	38.8	41.6
	(33.3-44.2)	(39.7-43.6)
Percentage age 65 and older who reported having fallen in the past three	15.6	16.4
months.	(8.9-22.2)	(14.0-18.7)
Occupation		

Percentage of working adults who missed 10 or more days of work in the past 12 months due to physical illness			
Percentage of working adults who missed ANY days of work in the past 12 months due to mental or emotional illness. Obese and Overweight Percentage who are either overweight or obese based on self-reported height and weight. Percentage who are overweight but not obese based on self-reported height and weight. Percentage who are obese based on self-reported height and weight. Percentage who are obese based on self-reported height and weight. Percentage who are obese based on self-reported height and weight. Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Physical Activity Percentage who reported no leisure time physical activity. Percentage of men age 60 and older who have not had a PSA test in the past two years. Percentage who reported current smoke cigarette smoking some days or percentage of smokers who reported that during the past 12 months they are reported to the past 12 months they are reported of the past 40 and over who reported that they had on they are manmogram within the past two years. Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	Percentage of working adults who missed 10 or more days of work in the	6.1	
Months due to mental or emotional illness.	past 12 months due to physical illness	(2.9-9.3)	(3.9-4.7)
Percentage who are either overweight or obese based on self-reported height and weight. (63.5-74.3) (62.5-66.4)	Percentage of working adults who missed ANY days of work in the past 12	4.2	5.7
Percentage who are either overweight or obese based on self-reported height and weight. Percentage who are overweight but not obese based on self-reported height and weight. Percentage who are overweight but not obese based on self-reported height and weight. Percentage who are obese based on self-reported height and weight. Percentage who are obese based on self-reported height and weight. Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Physical Activity Percentage who reported no leisure time physical activity. Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	months due to mental or emotional illness.	(1.9- 6.5)	(4.5-6.8)
and weight. (63.5-74.3) (62.5-66.4) Percentage who are overweight but not obese based on self-reported height and weight. (35.4-46.9) (37.2-41.0) Percentage who are obese based on self-reported height and weight. (22.8-32.6) (23.8-27.2) Oral Health (22.8-32.6) (23.8-27.2) Percentage who reported that they had not visited a dentist or dental clinic within the past two years. (14.2-23.1) (17.8-20.7) Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. (13.7-20.5) (15.0-17.4) Physical Activity Percentage who reported no leisure time physical activity. (23.3 (19.1-27.5) (20.4-23.5) Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. (14.1-23.7) (17.9-21.2) Percentage who reported current smoke cigarette smoking some days or everyday. (14.1-23.7) (17.9-21.2) Percentage of smokers who reported that during the past 12 months they AAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. (15.4-28.0) (20.7-24.9) Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	Obese and Overweight		
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and weight. (35.4-46.9) (37.2-41.0) Percentage who are obese based on self-reported height and weight. 27.7 (22.8-32.6) (23.8-27.2) Oral Health Percentage who reported that they had not visited a dentist or dental clinic within the past two years. (14.2-23.1) (17.8-20.7) Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. (13.7-20.5) (15.0-17.4) Physical Activity Percentage who reported no leisure time physical activity. 23.3 (22.0) (19.1-27.5) (20.4-23.5) Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. (14.1-23.7) (20.9-29.2) Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. (14.1-23.7) (17.9-21.2) Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. (15.4-28.0) (20.7-24.9) Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	and weight.	(63.5-74.3)	(62.5-66.4)
Percentage who are obese based on self-reported height and weight. Oral Health Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Percentage who reported no leisure time physical activity. Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they that stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a nammogram within the past two years. (22.8 (23.3 (19.1-27.5) (15.0-17.4) (17.9-21.2) (20.9-29.2) (Percentage who are overweight but not obese based on self-reported height	41.1	39.1
Oral Health Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Physical Activity Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and older with a uterine cervix who reported 22.8 (22.8-32.6) (14.2-23.1) (17.8-20.7) (17.8-20.7) (14.2-23.1) (17.8-20.5) (20.4-23.5) 19.0 (20.4-23.5) 19.0 (20.9-29.2) 25.1 (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) Percentage of smokers who reported that during the past 12 months they (26.0-51.0) (44.2-53.9) 49.1 (20.7-24.9) Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	and weight.	(35.4-46.9)	(37.2-41.0)
Oral Health Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Physical Activity Percentage who reported no leisure time physical activity. Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a 21.7 a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 21.1 (17.8-20.1) (17.8-20.5) (20.4-23.5) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (17.9-21.2) 22.8 (26.0-51.0) (44.2-53.9) (25.1 (26.0-51.0) (26.0-51.0) (26.0-51.0) (26.0-51.0)	Percentage who are obese based on self-reported height and weight.	27.7	25.5
Percentage who reported that they had not visited a dentist or dental clinic within the past two years. Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease. Physical Activity Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and older with a uterine cervix who reported 24.4 15.5		(22.8-32.6)	(23.8-27.2)
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Physical Activity Percentage who reported no leisure time physical activity. Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 23.3 (19.1-27.5) (20.4-23.5) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (17.9-21.2) (17.9-21.2) (26.0-51.0) (26.0-51.0) (20.7-24.9) (20.7-24.9)	Percentage who reported that they had six or more permanent teeth removed	17.1	16.2
Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 23.3 (19.1-27.5) (20.4-23.5) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (17.9-21.2) (26.0-51.0) (26.0-51.0) (20.7-24.9) (20.7-24.9)	due to tooth decay or gum disease.	(13.7-20.5)	(15.0-17.4)
Percentage who reported no leisure time physical activity. Prostate Cancer Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 23.3 (19.1-27.5) (20.4-23.5) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (17.9-21.2) (26.0-51.0) (26.0-51.0) (20.7-24.9) (20.7-24.9)	Physical Activity		
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Percentage of men age 60 and older who have not had a PSA test in the past two years. Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 19.0 (7.8-30.2) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (26.0-51.0) (26.0-51.0) (26.0-51.0) (20.7-24.9) (20.7-24.9)		(19.1-27.5)	(20.4-23.5)
Tobacco Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported (7.8-30.2) (20.9-29.2) 18.9 (14.1-23.7) (17.9-21.2) (26.0-51.0) (26.0-51.0) (26.0-51.0) (22.8 (20.7-24.9) (20.7-24.9)	Prostate Cancer		
Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	Percentage of men age 60 and older who have not had a PSA test in the past	19.0	25.1
Percentage who reported current smoke cigarette smoking some days or everyday. Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 18.9 (14.1-23.7) (17.9-21.2) (26.0-51.0) (26.0-51.0) (26.0-51.0) (20.7-24.9) 22.8 (20.7-24.9)	two years.	(7.8-30.2)	(20.9-29.2)
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Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 238.5 (26.0-51.0) (244.2-53.9) (22.8 (15.4-28.0) (20.7-24.9) 15.5		(14.1-23.7)	(17.9-21.2)
HAD stopped smoking for one day or longer because they were trying to Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported (26.0-51.0) (44.2-53.9) 22.8 (20.7-24.9) (20.7-24.9)	Percentage of smokers who reported that during the past 12 months they	38.5	
Women's Health Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 21.7 (15.4-28.0) (20.7-24.9) 25.8 (20.7-24.9)		(26.0-51.0)	(44.2-53.9)
Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years. Percentage of women ages 18 and older with a uterine cervix who reported 21.7 (15.4-28.0) (20.7-24.9) 15.5	quit		
a mammogram within the past two years. (15.4-28.0) (20.7-24.9) Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	Women's Health		
a mammogram within the past two years. (15.4-28.0) (20.7-24.9) Percentage of women ages 18 and older with a uterine cervix who reported 24.4 15.5	Percentage of women ages 40 and over who reported that they have not had	21.7	22.8
	a mammogram within the past two years.	(15.4-28.0)	(20.7-24.9)
	Percentage of women ages 18 and older with a uterine cervix who reported	24.4	15.5
		(16.1-32.6)	(13.3-17.7)